



Charter Standard Development Club
Hertfordshire FA Grassroots Club of the Year 2020

Covid Information for Parents / Players as of 28/09/2020

This is a brief summary of the recent changes that have been implemented further to the current pandemic of Covid19. This list is not exhaustive and I would urge all parents / players to read the full guidance which can be found on the [Herts FA Website](#). Coaches are completing their own risk assessments depending on their training and the venues they are at, however, this will only work if we have the full support of the parents and players. We therefore ask that you follow the following advice at a minimum.

Before each game and training session, please assess your child (or self assess if you are over 18) for the following:

- A high temperature (above 37.8°C)
- A new continuous cough.
- Shortness of breath.
- A sore throat.
- Loss of or change in normal sense of taste or smell.
- Feeling generally unwell.
- Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.

If you can answer **YES** to any of the above, **do not attend or allow your child to attend** and follow the most up to date Government advice

At the Game/Training Session ensure that you/your child brings:

- Named water bottle
- Hand sanitiser
- Any meds/sunscreen etc. they require
- We would be grateful if you could limit one parent at training sessions please

Our normal codes of conduct still apply, but we would also expressly ask that there is no spitting or chewing gum.

Watching the game/training

- Where possible a **maximum of only one parent** is asked to stay.
- Maintain social distancing and ensure government guidance such as group sizes, is adhered to
- Review venue guidance, so you're aware of any one way systems etc.
- **It is mandatory to track and trace**

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